

May 2017



Friends of Narrabeen Lagoon Catchment



www.narrabeenlagoon.org.au

Next Forum

Aboriginal Heritage Information Caring for Country

7pm Monday May 29, 2017

Coastal Environment Centre

Pelican Path, Lake Park Road, Narrabeen

Book now— email@narrabeenlagoon.org.au



Coastal Environment Centre

Come and hear about the work young Aboriginal people are doing to improve the environment. Larissa and her team will show slides and tell us about bush regeneration and site conservation works they are doing.

An Aboriginal elder will tell us about the significance of some of the Aboriginal carvings in the catchment.

RESPECT NEEDED

We hope caring people will help to spread the word about the importance of respect for the work being done by the Metropolitan Local Aboriginal Land Council and show interest in the training and work experience being undertaken by young Aboriginal people.

You could show your interest and respect by bringing a friend to the forum on May 29.

The Coastal Environment Centre is adjacent to the Narrabeen Caravan Park near where Narrabeen Lagoon joins the sea.

Entry is free but we ask for a donation to cover expenses.

Make sure you get a ticket preferably by emailing Judith Bennett email@narrabeenlagoon.org.au or by phoning Judith on 9905 2135 or text 0402 974 105

Caring for Country—signage erected



Larissa Cooper with one of the signs erected recently

The Aboriginal team erected two signs recently. One sign is near the Moon Rock area along the Slippery Dip Trail in Belrose and the other one is on Red Hill.

There is information about flora and fauna as well as about Aboriginal heritage. It is difficult to read the wording from the photograph but it is all on our website ...

[narrabeenlagoon.org.au/Activities/MLALC landcare.htm](http://narrabeenlagoon.org.au/Activities/MLALC%20landcare.htm)

The wording includes the following ...

Land is fundamental to the wellbeing of Aboriginal people. Aboriginal cultural heritage is viewed as the total ways of living built up by Aboriginal people for thousands of generations. Cultural heritage has been passed from one generation to the next, given by reason of birth and connection.

This land also contains unique and ecologically significant habitats including rare, low growing, hanging swamps and heaths with emergent mallee eucalypts and endangered ridge-top forests on clay rich soils.

We welcome you. In welcoming you we ask that you walk, sit, watch, listen and hear respectfully this unbroken story, the story that values and sustains the ancient heart of the Land.



Narrabeen Lagoon Eco Paddle Sun Sep 17, 2017

Black Swan have returned to the lagoon after 20 years - come and see these majestic creatures! This paddle will visit the Western Basin, Deep and Middle Creeks. Beautiful Deep Creek attracts migratory birds from as far away as Russia and Middle Creek has been the subject of a substantial remediation program instigated by Friends of Narrabeen Lagoon Catchment. A relaxing 2 to 3 hour afternoon paddle. No previous kayaking experience required, tuition given. BYO boat or a hire kayak can be arranged at cost. Bookings essential. Email tonycarr@ozemail.com.au or call 0417 502 056.

Cromer to Oxford Falls - Sun May 14

Start 10am from Cromer Rd, allow 4 hours and bring lunch to see great carvings near Red Hill, fantastic views over Narrabeen Lagoon and as typical for this catchment very different vegetation communities. Plant ID as we go. We will walk down to Oxford Falls and carpool back. Bookings essential. Phone or text Conny on 0432 643 295

Narrabeen Lagoon Catchment Traverse - Sun Jun 3 2017

This walk is a hidden gem and offers the most amazing variety of vegetation. Also lovely scenic views and sometimes rare fauna. Plant ID as we go and a brief lunch break BYO. Start 9am finish 1:30pm. Carpool back. Bookings essential. Phone or text Conny on 0432 643 295.

NOTE: This activity is part of the Guringai Festival and we will be looking at some Aboriginal carvings.

Cromer to Oxford Falls - Sun Jun 11, 2017

Start 10am from Cromer Rd, allow 4 hours and bring lunch to see great carvings near Red Hill, fantastic views over Narrabeen Lagoon and as typical for this catchment very different vegetation communities. Plant ID as we go. We will walk down to Oxford Falls and carpool back. Bookings essential.

Phone or text Conny on 0432 643 295
NOTE: This activity is part of the Guringai Festival and we will be looking at some Aboriginal carvings.

Narrabeen Lagoon Walkway upgrade

The Narrabeen Lagoon Trail boardwalk between Bilarong Reserve and Deep Creek Reserve is being reconstructed to make it more user-friendly and more resilient to flooding.

Also included is the replacement of a 14 square metre viewing deck that was damaged during the June 2016 storm event.

To facilitate the work, the section of the trail between Bilarong Reserve and Deep Creek Reserve alongside the Wakehurst Parkway will be closed for approximately five weeks, weather permitting, from the start of May to allow the work to be completed.

Trees or townhouses? Your support makes a difference!

To: Friends of Narrabeen Lagoon Catchment
P.O. Box 845, Narrabeen, NSW 2101

- YES! Consider me for membership. I enclose
- \$85 for 5-yr membership (unwaged \$40)
- \$20 for 1-yr membership (unwaged \$10)

Please make membership fee cheques payable to *Friends of Narrabeen Lagoon Catchment* or make a transfer to BSB 802 147 Account 43591. Thank you.

Members need to support our mission to protect bushland in Narrabeen Lagoon Catchment. Applications for membership need to be approved by the committee.

I support FoNLC mission
Please sign here

I wish to make a donation of
 \$250 \$100 \$50
 other amount \$..... to the campaign.
Thank you.

Please print - Name:

.....

Address:

.....

..... Postcode:

Phone:

Email:

It will be most helpful to have your email address as we often use emails to communicate with members.



Friends of Narrabeen Lagoon Catchment Inc is associated with National Parks Association. Enquiries: Judith Bennett
Phone: 9905 2135 Email: email@narrabeenlagoon.org.au