

May 2016



Friends of Narrabeen Lagoon Catchment



www.narrabeenlagoon.org.au

Next Forum

Aboriginal Arts and Crafts

Come! Have fun! Participate!

7pm Monday May 23, 2016
Coastal Environment Centre
Pelican Path,
Lake Park Road, Narrabeen



People dancing at our Aboriginal Activities night last year



The Coastal Environment Centre adjacent to the Narrabeen Caravan Park near where Narrabeen Lagoon joins the sea.

Well known Aboriginal artist, Jessica Birk, will lead the activities. Michael Birk will play Aboriginal music. Lois Birk will help organise the activities.

It will be fun and worthwhile and suitable for children.

Free entry but book your tickets now. Phone: 9905 2135

Email: Judith Bennett <email@narrabeenlagoon.org.au>

Narrabeen Spring Celebration **Our catchment comes alive!**

The reopening of the lagoon trail has resulted in a big increase in the number of people coming to Narrabeen for recreational purposes. That's great, but *Friends* believes there's an urgent need to remind everyone of the environmental values of the catchment and the need for protection of what remains of the bushland.

Time for a big initiative. Your committee has decided to mount a major campaign in spring that will convey these important messages while at the same time promote the many community groups that do such good work in our Catchment. It will be an exciting and fun time and we invite all members and supporters to get involved.

For two weeks in September and October, we are going to stage the first **Narrabeen Spring Celebration**, which will focus on our glorious natural attractions and a host of special events that will take place.

The Celebration will start on Saturday September 24 and finish on Sunday October 9, coinciding with school holidays.

We have identified over 70 significant groups that offer recreational, sporting and hobby activities on the lagoon or in the catchment and have invited them to stage special events for the public over this period. It will be an exciting time for families who live in the catchment and further afield. They'll be keen to get involved.

We have had an enthusiastic response to date and have a number of activities already planned for Sept/Oct.

Friends has been conducting bushwalks and Eco-Paddles since 2007 and these will be expanded over the two weeks. We also propose to invite commercial companies to take part and will engage with the media to ensure the event is well promoted.

Built into these activities will be responsible environmental messages that will encourage the public to protect the catchment. While there will be an educational component to the events, our emphasis will very much be on family fun and entertainment. We have the enthusiastic support of both Warringah and Pittwater Councils – they will be assisting us and also participating in the Celebration.

We think this is a terrific opportunity to demonstrate that Narrabeen Lagoon and its catchment is a vibrant and growing part of Sydney with a unique environment and facilities to attract families.

We would appreciate some help in the lead up to the Celebration or for some of the events. This will be fun!

If you can help before Sept 24 or at one of the events during the Celebration or if you belong to an organisation that would like to participate, please email tonycarr@ozemail.com.au.



Representatives of various recreational groups that are active in the catchment and who participated in our Recreational Forum in 2011.

Autumn bushwalk and kayak events



Narrabeen Lagoon EcoPaddle - Sun May 8 and Sun Jul 10

Black Swan have returned to the lagoon after 20 years – come and see these majestic creatures! This paddle will visit the Western Basin, Deep and Middle Creeks. Beautiful Deep Creek attracts migratory birds from as far away as Russia and Middle Creek has been the subject of a substantial remediation programme. A relaxing 2 to 3 hour paddle led by Tony Carr. No previous kayaking experience required, tuition given. BYO suitable boat or a hire kayak can be arranged for you at cost. To register email tonycarr@ozemail.com.au or call 0417 502 056.

Narrabeen Lagoon Catchment Explorative Walk – Sat May 14

Starting on the Oxford Falls triangle, we'll follow the power lines and study coloniser plants on this explorative walk on the northern side of the catchment. A must for anyone who wants to start a native garden. Car-pooling required. Start at 10am outside 27 Morgan Road, Belrose. Grade medium – about 9kms. Led by Conny Harris. Small group. Bookings 0432 643 295 or email conny.harris@gmail.com

Narrabeen Lagoon Catchment walk - Sat Jun 4

Free Event: 10 am - approximately 2pm
A great explore especially for children's eyes: Impressive carvings, extraordinary biodiversity set within the surprisingly changing landscape of the Narrabeen Lagoon Catchment. Allow 4 -5 hrs. BYO lunch and water. Start next to 27 Morgan Rd, Oxford Falls, end at Deep Creek and carpool back. Bookings 0432 643 295 or email conny.harris@gmail.com

Bushwalk in the Narrabeen Lagoon Catchment - Sat Jun 11

4 hours: 10am – 2pm.
A walk you will remember forever. Allow 4 hrs. BYO lunch and water. See great carvings near Red Hill. We will walk down to Oxford Falls and carpool back. Start at Cromer Rd 300 meters after entrance to Cromer Golf Club. Bookings 0432 643 295 or email conny.harris@gmail.com

Bushwalks: Call 0432 643 295 or email conny.harris@gmail.com
Kayaking: Call 0417 502 056 or email tonycarr@ozemail.com.au

REGISTER TO ATTEND - DON'T JUST TURN UP ON THE DAY. NUMBERS ARE LIMITED AND TOURS GET FILLED
Kayaks provided by an organisation independent of Friends.

Solar energy – new types of batteries

Learn about solar PV and battery innovations from industry experts at this interactive information session. Presented by Pittwater Council in partnership with the Australian Solar Council Sydney Chapter.

Date: Thursday 26th May

Time: 7pm - 8:30pm

Location: Coastal Environment Centre, North Narrabeen

RSVP: Phone 1300 000 232 (Reception - Option 1)

Catering: light refreshments provided



Photo: Courtesy Pittwater Council

Trees or townhouses? Your support makes a difference!

To: Friends of Narrabeen Lagoon Catchment
P.O. Box 845, Narrabeen, NSW 2101

- YES! Consider me for membership. I enclose
- \$85 for 5-yr membership (unwaged \$40)
- \$20 for 1-yr membership (unwaged \$10)

Please make membership fee cheques payable to *Friends of Narrabeen Lagoon Catchment* or make a transfer to BSB 802 147 Account 43591. Thank you.

Members need to support our mission to protect bushland in Narrabeen Lagoon Catchment. Applications for membership need to be approved by the committee.

I wish to make a donation of
 \$250 \$100 \$50
 other amount \$..... to the campaign.
Make donation cheque payable to **NPA-Narrabeen**.
Thank you.

Please print - Name:

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Address:

.....

..... Postcode:

Phone:

Email:

.....

It will be most helpful to have your email address as we often use emails to communicate with members.



Friends of Narrabeen Lagoon Catchment Inc is associated with National Parks Association. Enquiries: Judith Bennett Phone: 9905 2135 Email: email@narrabeenlagoon.org.au