

# Friends of Narrabeen Lagoon Catchment

October 2011



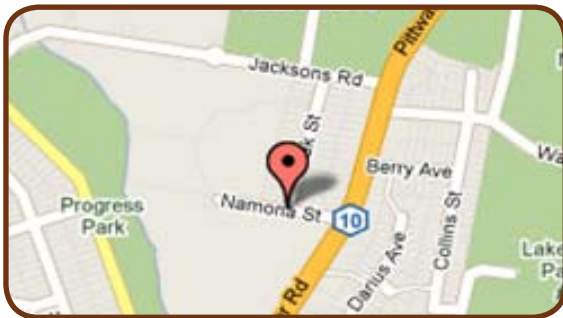
[www.narrabeenlagoon.org.au](http://www.narrabeenlagoon.org.au)

## Next Forum

### Support your Sport

Come to *Friends* special sports and recreation rally at

**Narrabeen Sports High School hall  
7pm 28th November, 2011**



and celebrate the best that Narrabeen has to offer. Make sure your club is represented and be there in your uniform or club colours to show your support.

You'll meet Olympic champion kayaker Yanda Nossiter and former Mr New South Wales, Mark Patience.

Pittwater and Warringah Mayors will explain how Narrabeen State Park will improve and enhance facilities for recreation on Narrabeen Lagoon and in its catchment.



Yanda Nossiter



Mark Patience



Dog training

Enjoy the displays and presentations from people involved with ..



Bush regeneration



Bush walking



Model flying



Mountain biking



Dragon boating



Bird watching



Swimming



Kayaking



Sailing

## Forum - Focus on Fish

Put Feb 27, 2012 in your diary! We are preparing a fascinating forum about fish in the Lagoon and the catchment.



*Galaxias maculatus*

## Pathway around Lagoon



*The completed bridge over Deep Creek*

The plans for Middle Creek Reserve have been finalised. The bridge over Deep Creek is finished. The official opening for Stage 1 of the Narrabeen Lagoon Trail and Deep Creek Bridge will be Oct 13 at Middle Creek Reserve at 10:30am. RSVP before Oct 10 by phoning 9942 2502 if you plan to attend.

## LEP deferral environmental hazard

In spite of the many hundreds of letters and emails sent to the Minister for Planning, Brad Hazzard, MP, urging him to sign the Warringah LEP 2009 as it is, he has still not done so. Instead, the Minister is proposing to exclude some areas from the new LEP 2009, leaving them under the control of LEP 2000.

At the Warringah Council meeting of 27 Sept Mayor Regan tabled a Mayoral Minute stating that the preference of Warringah Council is for the Minister to sign the LEP 2009 but that if he does decide to exclude some proposed E3 areas from the new LEP, that he definitely does not defer any environmentally sensitive areas such as Red Hill and Oxford Falls. The Councillors voted to adopt the Mayoral minute.

## Endangered species being bulldozed

A fence around Duffy's Forest bushland at Frenchs Forest where one day a hospital may be built indicates plans to bulldoze it NOW and leave it to erode or grow weeds for years. Powerful Owls nest there. Contact the Minister for Health or your local Member or Warringah Council to object.

## Big Day in the Catchment!

Sunday October 16 will be a big day on and around Narrabeen Lagoon. Join us on a bushwalk conducted by Warringah Councillor Conny Harris or on an Eco-Paddle that will circumnavigate the Lagoon, led by Friends President Tony Carr. There will also be a Kayak Technique Workshop on the same day, for people who have never paddled before or wish to improve their paddling skills. This will be conducted by Friends member and fully experienced instructor, Christine Heywood.

You must register in advance for these activities, don't just turn up on the day. Places are limited. Free DVD Caring for our Catchment for all participants.

### Oxford Falls Triangle Bushwalk

Spring flowers will be on show for this family walk. You'll see Sydney sandstone and impressive hanging swamps. The walk will start at 8am near 27 Morgan Rd and finish at Oxford Falls. Allow 3.5 hours. Bookings Essential.

Email [conny.harris@warringah.nsw.gov.au](mailto:conny.harris@warringah.nsw.gov.au)

### Eco Paddle – Secrets & Special Places

Expert commentary on its birdlife, Aboriginal history and ecology. You'll visit Deep Creek (over one third of Sydney's bird species make their home here), pretty Jamieson Park beach and the Coastal Environment Centre. Commentary by Neil Evers, Colleen Russell and Mark Beharrell.

12.30pm start. BYO kayak if suitable or hire \$55 per person, (\$48 for FoNLC members).

Bookings Essential.

Email [tonycarr@ozemail.com.au](mailto:tonycarr@ozemail.com.au)

### Kayak Technique Workshop

Learn correct stroke technique, how to maintain energy levels and minimise muscle soreness, plus steering and correct posture (so your lower back is protected) and how to get in and out of your boat with safety. Self rescue demonstrated. Two hour course starting at 8.30am for first timers and experienced paddlers. Tuition fee \$75 includes boat hire. Bookings Essential.

Email [tonycarr@ozemail.com.au](mailto:tonycarr@ozemail.com.au)

*Kayaks supplied by a company independent of Friends*

**Birding Essentials** - Coastal Environment Centre  
23 Oct 7:30am - 7pm Workshop and Walks \$85  
Book by phoning 1300 000 232

## New committee

We have a strong committee for the next 12mths: President Tony Carr, Secretary Chris Hauptstein, Treasurer Diane Malnic; Mary Armstrong, Judith Bennett, Angus Gordon, Andy and Joy Gough, Anthony Harris, Jenny Harris, Jacqui Marlow, Phyll Morris, Ann Sharp, Sheryn von Schwerin. Thank you everyone. We look forward to the year ahead.



Colleen Russell tells kayakers about birds at Deep Creek.

## Trees or townhouses? Your support makes a difference!

To: Friends of Narrabeen Lagoon Catchment  
P.O. Box 845, Narrabeen, NSW 2101

YES! Enrol me as a member. I enclose

\$85 for 5-yr membership (unwaged \$40)

\$20 for 1-yr membership (unwaged \$10)

Please make membership fee cheques payable to Friends of Narrabeen Lagoon Catchment or make a transfer to BSB 802 147 Account 43591.

Thank you.

All applications for membership are subject to the approval of the committee.

I wish to make a tax deductible donation of

\$250  \$100  \$50

other amount \$..... to the campaign.

Make donation cheque payable to **NPA-Narrabeen**.

Thank you.

Please print - Name:

Address:

Postcode:

Phone:

Email:

It will be most helpful to have your email address as we often use email to communicate with members. If your postal or email address has changed, please tell us.

  
[www.npansw.org.au](http://www.npansw.org.au)

Friends of Narrabeen Lagoon Catchment Inc is associated with National Parks Association.  
Enquiries: Judith Bennett  
Phone: 9905 2135 Email: [sydney.educ@npansw.org.au](mailto:sydney.educ@npansw.org.au)